

CITY CYCLE COURIERS RT

PRESENTS

THE 2023 NATIONAL YOUTH CHAMPIONSHIPS OPEN 10 MILE TIME TRIAL SOUTH WEST DISTRICT COUNCIL HEAT

(Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations)

Saturday 1st July 2023
Course: S3/10R (Ermington)

First Rider: 14:01 hours
Timekeeper: Anthony Green
Marshals: Ian Myers
Ian Scott, Rob Scott

Event HQ: Ermington Store and More, Church Road, Ermington PL21 9NJ

Allow 10 minutes to ride from H.Q to the start by turning left into School Road, left at the bottom of the hill on to the A3121, **PLEASE NOTE YOU ARE NOW ON THE COURSE!** Continue for about 3/4 mile, past the finish, to the start.

Parking is limited in Ermington. Please park considerately for residents and other road users and do not block driveways. **PLEASE DO NOT PARK AT THE EVENT HQ.**

HELMETS ARE MANDATORY AS A CONDITION OF ENTRY

Helmets that meet CTT Regulation 15 must be worn by all competitors in this event. NO helmet means NO ride. It is the rider's responsibility to ensure that their helmet meets the necessary standard.

WORKING FRONT & REAR LIGHTS ARE MANDATORY – Regulation 12 (i)

ALL RIDERS ARE REQUIRED TO SUBMIT A SIGNED PARENTAL CONSENT FORM PRIOR TO THE START

Signing on, numbers and signing-off will be at the event HQ.

COURSE DETAILS

Start: on A3121 just outside Ermington approx half a mile east of Kings Acre Nursing Home. **(GR SX648533) [What3Words = ///storms.imperious.nosedive]**

Proceed South West to Hollocombe Cross Roundabout, where turn right round and retrace past the start and continue in a North East direction, passing Ugborough to Kitterford Cross Roundabout.

At Kitterford Cross go right around the roundabout and continue to finish approx 0.4 miles beyond the start.

Finish: **(GR SX643530) [What3Words = ///hedgehog.girder.chaos]**

Intermediate distances

Hollowcombe Cross Roundabout: 1.5 miles

Kitterford Cross Roundabout: 6.3 miles

Have a safe and enjoyable ride – Ian Myers, 26 Blenheim Close, Highweek, Newton Abbot TQ12 1QR secretary@swtimetrials.org.uk

RIDERS PLEASE BE WARNED

- Dangerous riding causes accidents and could endanger the future of the sport
- Remain on the correct, left hand side, of the road especially on the corners
- Please ride with your head up at all times - observe the Highway Code
- Give way or stop when required to do so. Observe the local regulations pertinent to the course
- Avoid unnecessary U-turns in the road, even when warming up
- After finishing your ride please continue and return to HQ
- No times will be given at the finish – please do not stop and ask the timekeeper
- Observe CTT regulations especially those relating to company riding and to following vehicles

AWARDS

- Fastest male – GHS Medallion presented at the National final
- Second and third place – GHS Certificate presented at the National final
- Fastest team of 3 – GHS Certificate presented at the National final
- Fastest in each age category (male or female) – GHS Certificate.
- Automatic entry for all of the above to the national final in September (see below)
- All finishers – Commemorative medal & certificate

National Youth Championship Final (City RC, Hull) 10th September 2023.
(Qualifiers From District Heats Only) Course V714

George Herbert Stancer OBE (1878-1962)

The National Youth Championship was formerly known as the George Herbert Stancer 10 Mile Time Trial Championship. It is named in tribute to a man of many talents. George Herbert Stancer, or GHS as he was known, in his early years, was a nationally renowned performer on both cycle and tricycle holding both titles & records. Throughout his career he was a leading administrator of the sport, taking over the presidency of the Cyclists' Touring Club (now Cycling UK) in 1920 at a time when the membership was only about 8,500. Almost from the day he took over the membership started to grow again, and he had the satisfaction of seeing it rise to over 50,000 before his retirement in 1945. GHS was also for several years editor of Cycling magazine and he continued to be active in the sport until his death in 1962. After his death a trust fund was established with aim of promoting and encouraging participation amongst the young. To this end the National Schools 10 mile championship was formed and later adopted by the RTTC (Road Time Trials Council), now Cycling Time Trials (CTT), in 1970.



George Herbert Stancer OBE